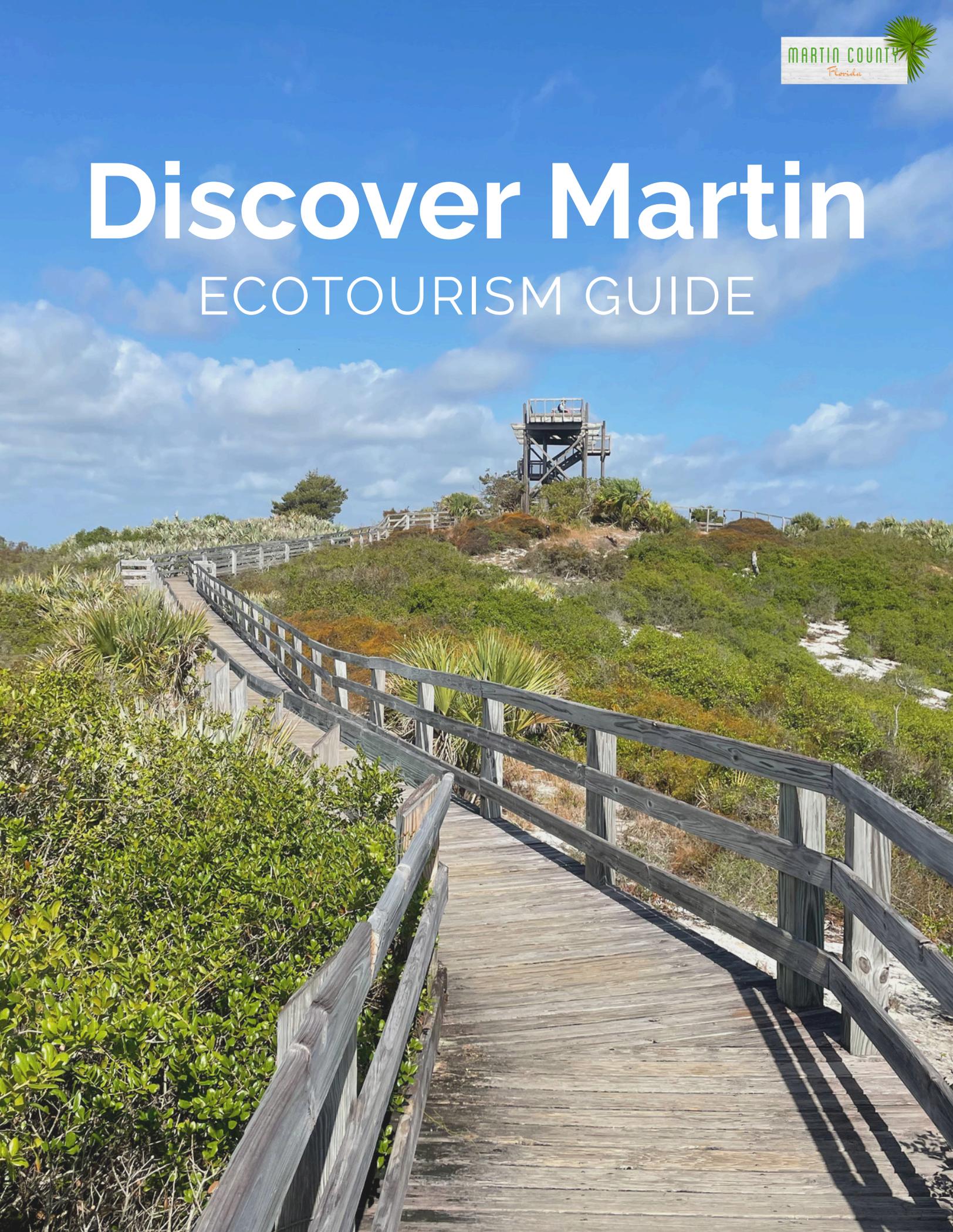


# Discover Martin

## ECOTOURISM GUIDE





# Experience Martin County's Natural Side



Tucked along Florida's Treasure Coast, Martin County is where uncrowded beaches meet expansive preserves, with biodiversity around every corner. Here, nature isn't something you have to search for; it's everywhere you look. Martin County invites you to slow down and experience Florida the way it was meant to be.

This guide was created to help you discover Martin County's wild side, whether you're paddling through the

Indian River Lagoon, hiking a shaded forest trail, or spotting wildlife in a quiet preserve. You'll find an introduction to Martin County's parks, preserves, and waterways, tips for exploring responsibly, and inspiration for your next eco-adventure.

No matter how you choose to explore, we hope this guide helps you to connect with the wild beauty that makes up the spirit of Martin County.

# STATE PARKS

**Did you know Martin County has 5 state parks? From sand dunes to mangrove tunnels, there's no shortage of exploration!**



**Jonathan Dickinson State Park**

Jonathan Dickinson is the largest state park in southeast Florida! At over 10,000 acres, you could enjoy a long hike through pristine pine flatwoods, a historic boat tour down the Loxahatchee River, and an adventurous mountain bike ride all in the same day.

**St. Lucie Inlet Preserve State Park**

Only accessible by boat, St. Lucie Inlet Preserve State Park is a nature-lover's paradise. Look for wildlife as you paddle through the mangroves on the kayak trail, sunbathe on the undeveloped beach, or take your boat offshore to discover the start of the Florida Coral Reef!



**Seabbranch Preserve State Park**

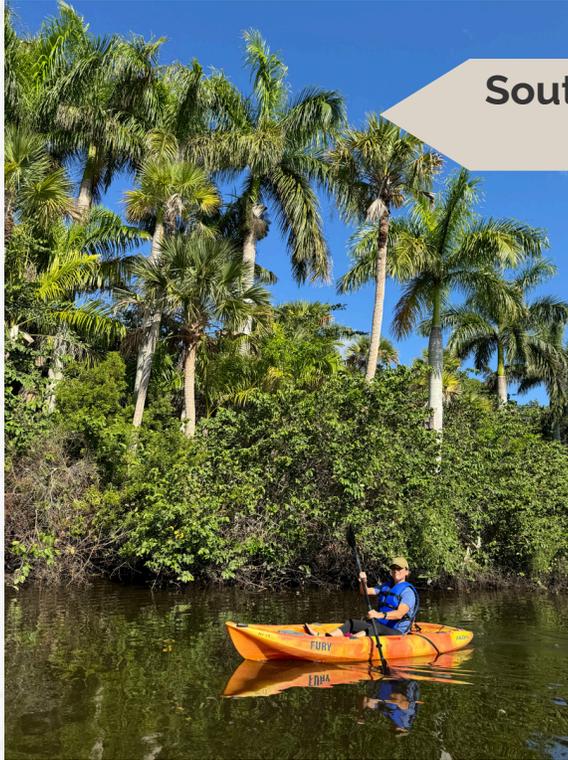


Located only a short drive from downtown Stuart, Seabbranch Preserve State Park allows you to discover the rare and endangered scrub ecosystem. Enjoy miles of hiking throughout, and don't forget to look for Florida's only endemic bird, the Florida Scrub Jay!

*\*Hours and fees vary by park. Check each state park's website for up to date visitation information.*

# ON THE WATER

With 4 aquatic preserves, the first federally-designated Wild and Scenic River in Florida, the Indian River Lagoon, access to the Atlantic Ocean, and plenty of lakes and wetlands throughout, it's easy to spend all day on the water in Martin County.



## South Fork of the St. Lucie River

Flowing quietly through Martin County, the South Fork of the St. Lucie offers a peaceful escape for all paddlers. Explore its calm currents to spot the immense wildlife that lives in this area, such as wading birds, turtles, and alligators. Uncrowded and natural, this waterway is one of the gems of Martin County.

## Indian River Lagoon

Stretching 156 miles along Florida's east coast, the Indian River Lagoon is one of the most biodiverse estuaries in North America. Whether you're taking it slow on a paddleboard, learning about the ecosystem on an educational boat tour, or exploring one of the many spoil islands, the Indian River Lagoon has something for everyone.



More Water Activities.

# HIDDEN GEMS

Explore off the beaten path at these lesser known parks and preserves to discover the quiet charm and natural wonder that Martin County's nature has to offer.



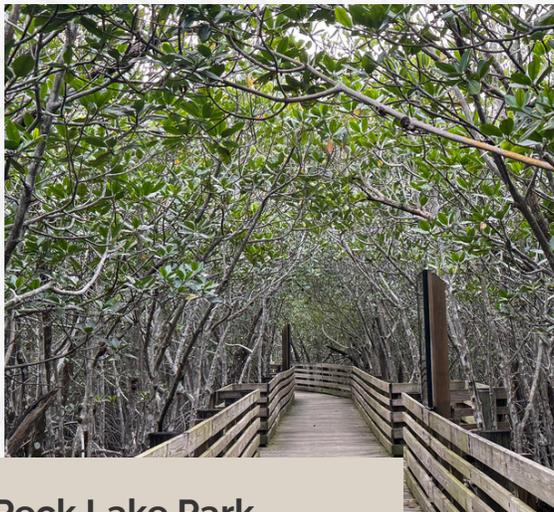
**Halpaticoke Regional Park**

With 500 acres of preserve land, Halpaticoke allows you to enjoy the outdoors at your own pace. Keep your eyes peeled for the resident Gopher Tortoises!



**Maggy's Hammock Park**

From the towering oaks filled with Spanish Moss to the cacti growing in the sandy scrub, this preserve will transport you back to Old Florida.



**Peck Lake Park**

At Peck Lake, immerse yourself in the mangroves as you stroll this short but scenic boardwalk that leads out to a stunning view of the Indian River Lagoon.



**Hobe Sound National Wildlife Refuge**

If you're looking for solitude along the shore, look no further than this protected beach. Popular among nesting turtles as well, you can spot their tracks throughout the summer.

# ALL PARKS & PRESERVES

## County Parks

1. Beachwalk Pasley



2. Twin Rivers Park



3. Delaplane Preserve



4. Gomez Preserve



5. Halpatiokee Preserve



6. Hobe Sound Scrub Preserve



7. Indian RiverSide Park



8. Kiplinger Preserve



9. Kitching Creek Preserve



10. Maggy's Hammock Park



11. Peck Lake Park



12. Rio Nature Park



13. LCpl. Justin Wilson Memorial Park



## State Parks

1. Atlantic Ridge Preserve



2. Jonathan Dickinson



3. Savannas Preserve



4. Seabranck Preserve



5. St. Lucie Inlet Preserve



## Co-Managed Lands

1. Allapattah Flats



2. Cypress Creek Natural Area



3. DuPuis Management Area



4. John C. and Mariana Jones  
Hungryland



5. Nine Gems



## Federal Lands and Other

1. Hobe Sound National Wildlife  
Refuge



2. The Nature Conservancy-

Blowing Rocks Preserve



More Information.



# READY TO BEGIN YOUR *ADVENTURE*?

Go on a **free** guided ecotour with  
Explore Natural Martin!



Explore Natural Martin is Martin County's **award-winning** ecotourism program that offers **free** guided nature tours where visitors can learn about, connect with, and protect Martin County's beautiful natural areas!

Tours take place year-round throughout Martin County, from beaches to forests and anywhere in between, ensuring there is a program for every explorer!

Learn about  
upcoming  
events!



# LEAVE NO TRACE

Martin County is a proud partner of Leave No Trace. How can you incorporate the **7 principles** into your next adventure?



**Principle 1:**  
***Plan Ahead & Prepare***

Research your destination, such as trail conditions, weather, and regulations, for a safe and fun adventure!



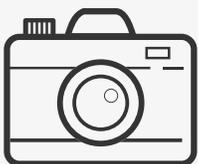
**Principle 2:**  
***Travel & Camp on Durable Surfaces***

Stick to the trails to avoid damaging vegetation, causing erosion, or entering dangerous conditions.



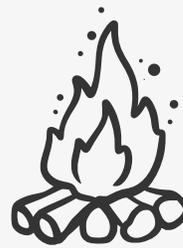
**Principle 3:**  
***Dispose of Waste Properly***

Keep nature pristine by ensuring everything you bring into a natural area gets brought out, even food waste.



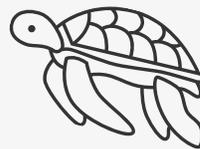
**Principle 4:**  
***Leave What You Find***

To preserve the memory, choose to take a picture and leave the object in nature for others to enjoy.



**Principle 5:**  
***Minimize Campfire Impacts***

Protect nature and its wildlife by following all fire rules. Be sure its fully extinguished when you leave!



**Principle 6:**  
***Respect Wildlife***

Actions such as viewing wildlife at a distance and keeping your dog leashed can protect wildlife in big ways!



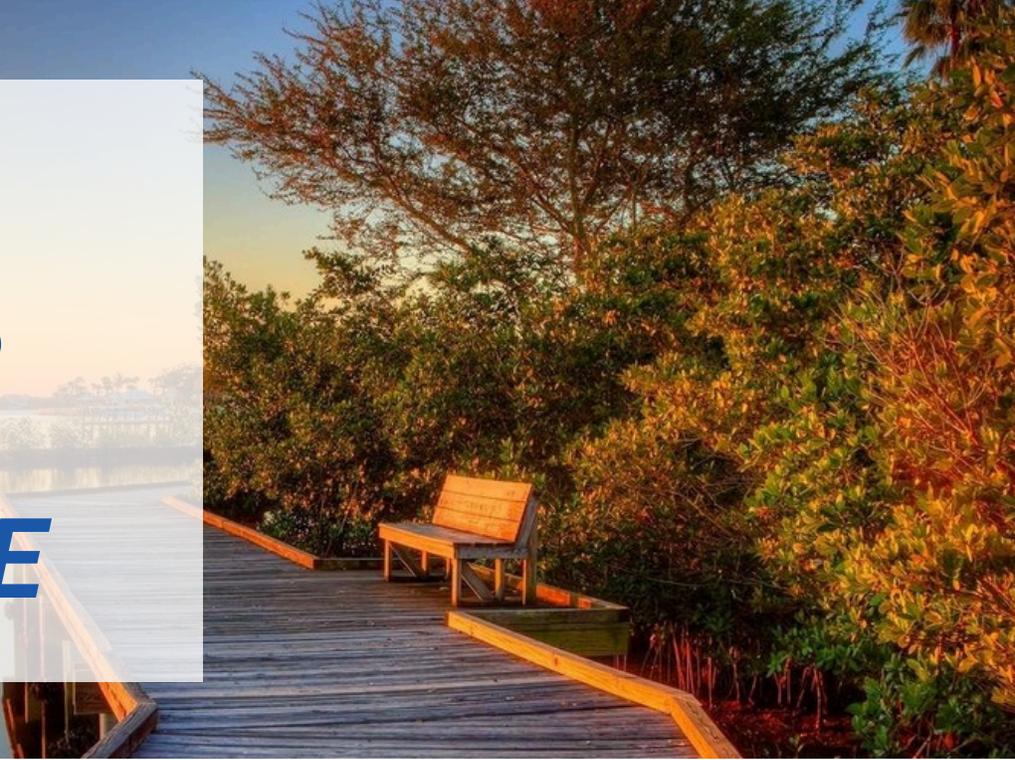
**Principle 7:**  
***Be Considerate of Others***

Be mindful of noise levels and learn yielding rules on trails to help create a positive outdoor experience for all!

Learn More About  
Leave No Trace



# NATURE BELONGS TO *EVERYONE*



## Outdoor Accessibility in Martin County

### Wheel the World



Find all of Martin County's accessible trails through Wheel the World, a platform that provides detailed information about sites' accessibility accommodations, making it easier than ever to find your next adventure.

Scan to view all Wheel the World sites.

### Aira



Aira is a live, human-to-human professional assistance service for people who are blind or have low vision. Download Aira and get access to a trained visual interpreter who can assist with planning and navigating on your outdoor adventure!

Scan to learn more about Aira.

### Accessibility Amenities



Rolling beach wheelchairs are available free of charge at all of Martin County's guarded beaches!

Sensory bags are available free of charge on all of Explore Natural Martin's guided ecotours!

Scan to learn more about accessibility in Martin County.

# MORE WAYS TO GET OUTSIDE



**B.A.R.K.  
Ranger**



Do you enjoy adventuring with your pet? Help protect nature by following the rules of B.A.R.K. and take the online pledge to show your commitment!

All B.A.R.K. Rangers earn a free bandana and dog tag.



**Eco-Trail**

This free, interactive trail highlights over 20 of Martin County's best preserves, beaches, nature centers, and more!

Earn points for every location you visit to redeem for unique eco-prizes.



**AllTrails**



Want to explore with confidence? Download AllTrails to discover, navigate, plan, and review trails across Martin County!

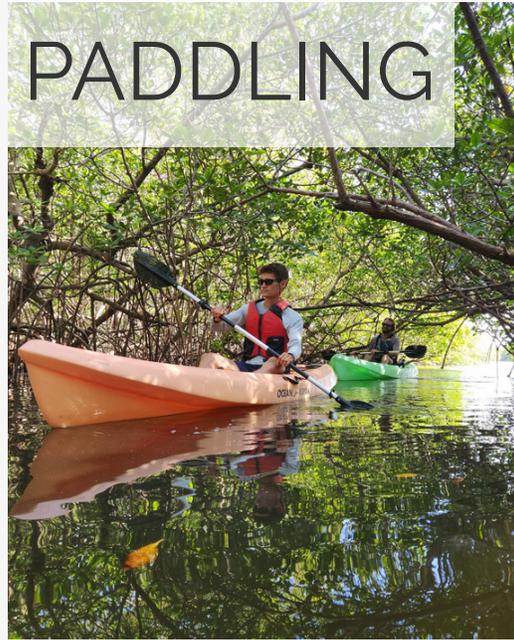
AllTrails is free to download and use, making it easier than ever to find your next adventure.

# FIND YOUR *PERFECT* OUTDOOR EXPERIENCE IN MARTIN COUNTY

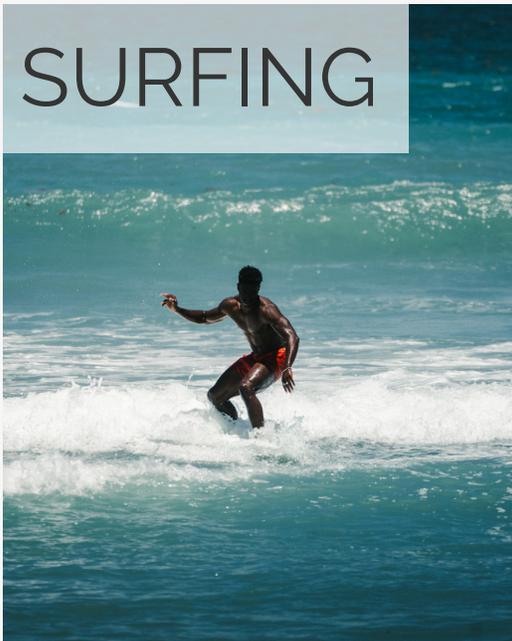
HIKING



PADDLING



SURFING



BIKING



And so much more!

Scan for a sneak peak!



# YOUR ECO ADVENTURE AWAITS

## Ecotourism Resources

From guided hikes and birding trails to volunteer events and stewardship tips, there are many ways to engage with ecotourism in Martin County.



Scan to learn more.



## Book Your Stay

Whether you're looking for a luxurious beachfront resort or a glamping tent immersed in nature, there's plenty of options for your visit to Martin County.



Find your perfect stay.

## Upcoming Eco Events

Martin County has a variety of eco-related events occurring throughout the year, offering something for adventurers of all ages!



Find upcoming events.



MARTIN COUNTY

Florida



[DiscoverMartin.com](https://www.DiscoverMartin.com)

| [ExploreNaturalMartin.com](https://www.ExploreNaturalMartin.com)

